

# AGENDA

Saturday Business convenes at 9 a.m.

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## Saturday

1. Opening Prayer Serenity/Service Prayer – The meeting opened at 9:18 am

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness that this may truly be your work, not ours - in order that no addict, anywhere, need die from the horrors of addiction. – Read by Facilitator

2. **Mission Statement:** The mission of the Lone Star Region is to provide its members a diverse forum for training and support while cultivating leaders who can more effectively carry the message to the addict who still suffers. – Read by Facilitator
3. **Vision Statement:** We shall create unity throughout the Lone Star Region and fulfill the vision of Narcotics Anonymous as a whole. – Read by Facilitator
4. Reading of 12 Traditions – Read by Communications Liaison
5. Reading of 12 Concepts – Read by Money Handler
6. Roll Call
  - a. Facilitator - P
  - b. Co Facilitator - P
  - c. Notes taker - P
  - d. Money Handler - P
  - e. Money Handler Alternate - A
  - f. Regional Delegate - A
  - g. Regional Delegate Alternate - P
  - h. Regional Communications Liaison - P
  - i. Regional Communications Liaison Alternate - P
  - j. AAHTXNA - A
  - k. Dallas Area - P
  - l. East Texas - P

- m. Fort Worth - P
- n. Heart of Texas (HOT) - A
- o. Piney Woods - P
- p. Rose City - P
- q. Texarkana -P
- r. Board of Directors Chair - A
- s. Convention Administrative Committee (Odd) - P
- t. Convention Administrative Committee (Even) - P
- u. Board of Directors Representative - P

## 7. Open Discussion

Workshop - Building Strong Home Groups was presented by Fort Worth RCM  
 In the workshop we discussed ideals, practices, and roles in the home group. We identified:

### Two Areas for improvements

Communications (“Addict and a \_”)/Staying on message  
 Member participation in service

### The issues

Communications – Some members in service positions struggle with keeping their personal feelings out of information being presented to the group. This tends to push people away/make service unattractive because we make the information personal and sometimes we have a negative attitude about what is going on.

Sharing at people – correcting people on how they speak in the meeting. Sniper sharing, responding to what other people have shared.

Relying on single form of communication to send a message instead of sometimes using multiple forms to reach people. Some communication methods work better than others for some people.

The flow of communication through the service structure is not effective.

Trusted servants sometimes make service seem unattractive in how they speak about their service commitments.

Some of our non-verbal signals also shut people down from sharing.

### Brainstorming

There is a need for more sponsorship and mentorship in the service structure. We need to learn how to deliver information related to service bodies

in a dispassionate way so that our personal feelings don't water down the information. We should be leading by example. We should understand that often newcomers come into NA with information from other fellowships or institutions. We should be guiding the newcomers to understand how NA works through encouraging them in service and being patient with how they develop in their understanding and application with how NA service works.

### Solutions

Instead of confronting people in the meetings we can get with them one on one to share our experience in NA. Sometimes it is appropriate to check members with substantial clean time who still says "addict and a \_"

### Decisions

Make an investment in the members of my home group. Create relationships with members in the group besides those members who are in your circle of recovery friends. Take time with newcomers to discuss the meeting to check for understanding and make sure they feel welcome, get phone numbers and help the newcomers feel a part of.

We discussed only one of the areas of improvements – communication. We decided to go on with the conference. The information is available from the FW RCM team.

## 8. Area Reports

1. AAHTXNA - Absent
2. Dallas Area – Literature subcommittee has been discontinued. The remaining literature inventory is being liquidated. PR has created a list of volunteers and has staffing for the PR booth. Dallas area is asking the Region to do an inventory. CBDM, Facilitation workshop, and Google Groups workshop were conducted. The RCM asked for feedback on the report. It was suggested to bring totals of members attending meetings in the area so that the information can be included for the RD team to take to WSC.
3. East Texas – There are no working subcommittees at this time. Any needs are done through ad-hoc committees. About 300 members attend meeting in the East Texas area monthly. Ft Worth Area wanted to let East Texas know that they are willing to help East Texas with outreach efforts.
4. Fort Worth – There are 21 groups in the Fort Worth area. This trimester there were several workshops done – Create A Bridge that Builds and Maintains a Connection Through Service, Service Structure and Building Communication,

IDT on Atmosphere of Recovery in Service, and Triangle of Self Obsession. Helpline is fully operating on Grasshopper service. Area events are on the Region website.

5. Heart of Texas (HOT) - Absent
  6. Piney Woods – Verbal report was given. New RCM. Lots of changes going on including writing a new policy. There are some upcoming events that need to be posted on the Region website.
  7. Rose City – Rose City has updated their area policy in December.
  8. Texarkana – Peaceful Solutions in Marshall, TX is a new group in the area which is struggling with attendance. Any support is appreciated.
9. Administrative Reports
- a. Facilitator – There will be an audit at 8 pm of the Region finances on Saturday.
  - b. Co-Facilitator – Joint report with the Facilitator.
  - c. Regional Delegate – Absent – RDA provided the joint report
  - d. Regional Delegate Alternate – FW RCM is asking for the presentations that were shared at the last Regional Assembly in Irving. The RDA will provide the requested information by the middle of next week.
  - e. Money Handler – The report was amended and sent out again last night.
  - f. Money Handler Alternate – MH Alt sent a resignation by email, which was read by the Facilitator. Was the MH Alt on the checking account? No she had not been added since she was elected. She only met with MH once during the time in the position to go through the books.
  - g. Communications Liaison – The report was read. Helpline use is expanding due to Fort Worth area requesting more numbers to be added. The usage numbers are also increasing indicating more people are calling the Helpline for information. Additional information from the website special worker will be forwarded to the RCMs. The website has just recently been updated with new content and look. The CL team solicited feedback on the new look. Questions – Is the Grasshopper service a flat fee or charged by usage minutes? We pay for 25,000 minutes and we are under that amount so the charges are the same each month. Some calls take a few minutes to get routed. Have we looked at services which connects calls based on the zip code of the caller? We are not sure if Grasshopper can do this. There is a way to reduce the amount of time for routing calls, but this could cause shorter time for members to get the call before it hangs up and goes to the next number.
  - h. Communications Liaison Alternate – May 19-21 is the next RSC. The September RSC scheduled for Sept 29 – Oct 1 may need to be moved out one week because of facility availability. Dallas, Rose City and Fort Worth have

their ASC on first Sunday of the month, which will be Oct 1. Some ideas are to have the Saturday meeting extended hours and have New Business at the beginning. That way on Sunday only elections will be held and the meeting will not go long, giving time for the RCMs to make their ASC meetings. FW mentioned that they would not have time to prepare a report for ASC and it should be OK for the RCMs to possibly miss that one ASC. Since there is another RSC before September we can get additional ideas before we make the final decision on the agenda. Regional Assembly will August 25-27. There is an incentive to get registered early or the Regional Assembly by May 1. The first five people who turn in five registrations (paid in full) will receive a half off registration. Registration is \$65. Can registrations be refunded? Can you register at the Assembly? Is there a flyer which can help provide information (selling points) to get people to register? The CL-A will check with the facility to get faster internet connection speeds. These questions will be addressed in the Old Business.

- i. Notes taker - For clarity about Southern Zonal Forum workshops, the FW RCM has gone to the Southern Zonal Forum website in the past to find workshop topics. Other RCMs are welcome to go to the website as well to find workshop topics.
- j. Board of Directors Chair – Absent – There was a question about the attendance requirement for the BOD Chair. This issue needs to be addressed in the RSC guidelines, which will be done with the Faciliator, Co-Facilitator and BOD Chair. There was also a question about the BOD liaison required duties and responsibilities. The RDA will help to address this issue based on her experience in the BOD liaison position in the past.
- k. Convention Chair Report - Absent
- l. Convention Administrative Committee (odd & even) - \$6000 donation from last year's convention was provided today. Pre registrations are down, only 112 received so far when usually at this point there are usually 150-175. January 29 there will elections for open positions on the convention committee.
- m. Board of Directors Representative – The report was read. There was a question about the hours when the RSO closes for a lunch hour. The RSO closes at 4 pm and is closed for an hour for lunch from 1:00 to 2:00. It was revealed that the BOD Liaison is being asked to leave certain sections of the BOD meeting agenda that the position should be able to attend and participate. The BOD Vice Chair also noted that the BOD Chair should be required to attend RSC. The RDA requested that for clarity the role should be called BOD Representative not BOD Liaison, and that the BOD Representative

be clarified as a full member of the BOD with participation in all the business including decisions.

#### 10. Coordinator Reports

- a. H&I Coordinator – The report was read by the H&I Coordinator. FW Area let the H&I Coordinator know there is a new H&I chair for their area who will be contacting him. This person is very enthusiastic about H&I service. Question from H&I Coordinator – HOT area H&I coordinator asked for literature from Region H&I chair. Is it OK to give it to them? Facilitator asked is the literature for H&I facilities? The H&I Coordinator is not sure if the literature is being requested for H&I facilities. The RSC Admin will contact the HOT Facilitator to get clarity on the request.
- b. Pen Pal Coordinator – Position suspended

#### 11. Work Group Reports

#### 12. Old Business (New Business if time allows)

- o Regional Assembly – The Regional Assembly is on the weekend of August 25-27. There is a question about registration refunds for those who pay in advance but cannot attend. August 5 is the cut off date for registration to get a room and the lunch. Call or email Money Handler, all forms and money have to be in by August 10. No registrations will be refunded due to the facility has a 90 cancellation policy. If a member who pays and later finds they cannot attend they can give their registration to someone else. If the member no-shows without calling, their room can be sold. There was some opposition to selling room spaces that have already been paid for. There was an idea to give any unused room spaces away on a first-come first served basis after the room has been verified that it will not be used by the member who paid. This idea was accepted.  
Will there be an on-site registration fee for the Assembly only? There will be a \$10 registration fee which will be voluntary. This will not be on the registration form. A sign will be made for the \$10 suggested registration for the Assembly only. The \$10 is to help offset the costs of the Assembly but all are welcome regardless of ability to make a donation. Content shared at the Assembly will be available on the Region website.
- o Proposed Agenda for the Regional Assembly
  - o Friday Night
    - o Check in time is 6 pm
    - o Meet and Greet – introductions and finger foods or sandwiches (8 pm) (Mary D volunteered to do the food,

Dallas RCM – utensils, MH and Co Facilitator will help with drinks)

○ Discussion topic will be - What is the Regional Assembly?

- Saturday Morning
  - Start time at 9 am
  - 1<sup>st</sup> workshop 9 until 12 noon
  - Lunch from Noon-2 pm
  - 2<sup>nd</sup> workshop 2 pm until 6 pm
  - 6 – 8 pm dinner
  - 8 pm – Recovery meeting (candle light)
  - Food, Fun, and Fellowship after the meeting (with a possible midnight meeting)
- Sunday Morning
  - 3<sup>rd</sup> workshop starting at 9 am until 12 noon
- The workshop topics for the Regional Assembly are – Role of Zones, Guiding Principles, Atmosphere of Recovery, and Technology and Social Media
- There was an idea to change the budget line item for Regional Assembly Meeting Space to just Regional Assembly. This is because the meeting space is provided at no charge when cabins are booked. However since the Admin's room charges are paid through the budget (because they are required to attend) this line item needs to reflect the cost for those rooms.
- Idea – from Fort Worth Area. To open Outreach Coordinator position to aid and assist groups in rural locations with workshops and promote inter-area growth in service and unity.  
No cost for gas for the 1<sup>st</sup> year but turn in mileage and receipts for future expenses.  
An inventory of 100 white booklets at \$85.00, 80 key tags at \$52.00, 120 IP's at \$54.00 per trimester, total \$191.00  
3 group starter kits per year for a total of \$120.00  
Use duties and responsibility already defined  
Intent – To provide Areas with a clearly defined service for building unity and growth with networking resources throughout the Region.

**Idea went back to the groups. Idea passed with one opposition from Dallas Area. The position is now open and nominations will be accepted at the next RSC. The budget is \$693.00 for 2017.**

- **Idea for \$400 to Texas Shared Services project passed with no opposition. This is a one time cost so is not a budget line item for future expense.**

## Sunday

### 13. Opening Prayer Serenity/Service Prayer

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness that this may truly be your work, not ours - in order that no addict, anywhere, need die from the horrors of addiction.

### 14. Roll Call

- A. Facilitator - P
- B. Co Facilitator -P
- C. Notes taker - P
- D. Money Handler - P
- E. Money Handler Alternate - OPEN
- F. Regional Delegate - A
- G. Regional Delegate Alternate - P
- H. Regional Communications Liaison - P
- I. Regional Communications Liaison Alternate - P
- J. AAHTXNA - A
- K. Dallas Area - P
- L. East Texas - P
- M. Fort Worth - P
- N. Heart of Texas (HOT) - A
- O. Piney Woods - P
- P. Rose City - P
- Q. Texarkana - P
- R. Board of Directors Chair - A
- S. Convention Administrative Committee (Even) - P
- T. Convention Administrative Committee (Odd) - OPEN
- U. Board of Directors Representative - P



## 15. Elections

- RSO BOD Liaison
- H&I Coordinator - The H&I coordinator was present on Saturday and is required to only be at one day of the RSC. He re-qualified himself for consideration of continuing in the position for elections on Sunday. He will dial in during the elections on Sunday. **Danny was elected.**
- CAC (odd) – Connie was nominated by FW Area. Connie is appointed as CAC (even) at this time but will step into the CAC (odd) to fulfill a full two-year term if elected. Connie qualified herself. **Connie was elected.** The CAC (even) position is now open and need to be taken back to the Areas.
- Outreach Coordinator (new position) – Take back to the Areas.
- RDA nominations – Dallas RCM nominated Felicia S. The nomination was accepted since by the time the election for this position takes place in May and the term starts in September, Felicia's CL-Alt position will be fulfilled. Other nominations can be accepted and the candidates must be present in May for the election. Felicia qualified herself.
- Money Handler Alt. – Take back to the Areas.

## 16. New Business There now 4 ideas which are below,

### IDEA PRESENTATION FORM(1)

Date: January 12, 2017

Maker(s): Fort Worth Area  
(Should be Area or position)

IDEA: Cause for removal of RD Team for failure to perform duties and responsibilities. Guidelines, page 12, state RD Team is to:

- f. Train regional service members.
- g. Workshop materials from issue discussion topics/any area needs.

- h. Attend as many Area Service meetings as possible when a specific issue arises (upon request).
- On multiple occasions over the past 2 years, RCMs have asked (at RSC as well as in emails) for workshops from SZF as well as the MZSS to be brought back for us to carry to our areas. We have yet to see any of these workshops at RSC. Only workshops done at RSC have been done by RCMs or the rest of the admin. The only workshops performed by RD Team have been at regional assembly or mini assemblies.
  - East Texas area asked for RDs to attend ASC several months ago. This has yet to happen.
  - RCMs have requested power points and assistance finding workshops on certain topics. Still waiting for them.

Guidelines, page 17:

#### Travel for Flight

- a. Needs to be presented prior to events from various carriers.
  - b. Most affordable rate will apply if possible.
  - c. Paid for by Regional Debit Card.
- There have not ever been multiple carrier prices presented. Most times price quote is not in advance of events.
  - Flights have not been paid for by Regional Debit Card in a long time.

INTENT: RCMs need a RD Team that is going to follow our mission statement in training and support while cultivating leaders with our RCMs. Concept 8 makes it clear of the importance of our service structure's dependence on the integrity and effectiveness of our communications; our areas have communicated multiple times what we need and our guidelines are clear on direction of what we are asking for.

Representative: Loretta J

(actual individual bringing the idea on behalf of the Area/position)

Disposition: Decided (To be taken back to Groups / Decided)

Final Disposition: Failed (Passed / Failed)

Date: 01/21/2017

Discussion – The maker of the idea added additional statements for the intent. Emails were read to support the idea that the RD team was not responsive to requests made from the FW Area and East Texas. Sections from the Minutes from the last 3 RSC meetings were read to support the contention that the RD team has been asked for support, particularly East Texas and FW Area, and that the RD team committed support and attendance to East Texas area to provide assistance but the assistance does not appear to have happened.

The RDA read from the RD report a response to the idea from the RD team that was included in the report.

The Communications Liaison Alt brought up some history from September 2014 RSC in which it was agreed that RCMs would help with conducting the workshops. A group of RCMs conducted some workshops in alignment with this approach.

East Texas RCM expressed that “they don’t have a dog in this hunt”. We are all family here and all volunteers. The frustration of FW Area was acknowledged and suggestions made concerning the technology available for areas needing information. East Texas is not behind the idea because the remedy is too extreme in their view. Trusted servants are removed for gross negligence and this issue doesn’t rise to that level.

Rose City RCM noted that the RD team has been very responsive and accomdating to helping their Area.

There was a straw poll taken. The conscience of the room was against further discussion. The Facilitator called for opposition to the idea. The idea failed.

IDEA PRESENTATION FORM(2)

Date: January 15, 2017

Maker(s): Regional Delegate Team  
(Should be Area or position)

IDEA: Donate \$200.00 to the Multi-Zonal Service Symposium for 2018 Event

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INTENT: Support the upcoming 2018 event to be held oin the Plans State Zone

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Representative: Staci Henderson and Sharon Strater  
(actual individual bringing the idea on behalf of the Area/position)

Disposition: Take back to Groups (To be taken back to Groups / Decided)

Final Disposition: \_\_\_\_\_ (Passed / Failed)

Date: \_\_\_\_\_

Discussion – Is this amount common for this event? Yes the various Regions have been asked to make donations. Costs are kept down by using technology like Skype to

have the regular meetings. But they meet in person to have the symposium. How many zones are in the multi-zone symposium – there are 3.

IDEA PRESENTATION FORM(3)

Date: 01-16-207

Maker(s): Dallas Area  
(Should be Area or position)

IDEA: To conduct an inventory at Regional Level

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INTENT: To encourage Transparency, Accountability and Continuous Improvement. Traditions 2,4,9.

Representative: John H.

(actual individual bringing the idea on behalf of the Area/position)

Disposition: \_\_\_\_\_ Decided \_\_\_\_\_ (To be taken back to Groups / Decided)

Final Disposition: \_\_\_\_\_ Passed \_\_\_\_\_ (Passed / Failed)

Date: \_\_\_\_\_

Discussion – Dallas RCM spoke to the intent of the idea. The idea was discussed in the last RSC but no idea was brought to the floor. Dallas RCM discussed with his area and the Dallas area submitted this as an idea. The Dallas RCM brought sample questions for the proposed inventory.

The Notestaker commented that the proposed questions are great but geared toward getting feedback from our Areas about the role of the Region. An inventory should be introspection of the service body itself to ask itself some questions about how it is doing with providing the services. The Facilitator suggested that the suggested questions from Dallas Area should be taken to all the areas, the feedback gathered, and the Region use the feedback from the Areas to create the Regional inventory.

Additional questions offered.

Are we moving money through the service structure and how is it being disbursed?  
Are we able to meet our mission statement, are we conducting business in line with our mission statement?

17. Announcements – The BOD Treasurer is requesting help from members in the merchandising duties at the RSO with a 2 year clean time requirement. Please take this request back to the Areas. Contact the BOD treasurer for requested hours and availability.

Idea – Maker RDS

2018 Regional Assembly to be held in February 2018 to cover the CAR and CAT.

Intent – CAR & CAT information before 2018 WSC

Representative – Sharon S (RDA)

Discussion – Having the RA in February will allow for CAT and CAR information presented at Southern Zonal Forum to be presented in the Assembly and disseminated to the Areas for feedback. The RD team would then take the Areas' feedback when attending WSC in April.

Texarkana is asking that the last weekend in February not be chosen because their area is having their anniversary.

There was a discussion about budgeting for the Regional Assembly since the date is being moved back in 2018. Normally the RA is later in the year, around September, moving it up to February before 2018 budget is approved is an issue for some members. The deposit of \$240 was discussed to secure the weekend at the Lakeview Conference Center.

The second weekend of February was proposed (February 9-11, 2018). **The idea passed.**

The Communications Liaison provided information on how to update meeting schedules on the LSRNA.org website. There is a PDF form (BMLT) that can be used to update the meeting schedule. The RCMs in attendance were not familiar with their login credentials to use on the website. The CL offered an overview of the form and help with getting the RCM credentials to each RCM.

After the overview from the CL, there was a discussion about the August 2017 Regional Assembly food. The location for the Regional Assembly is remote and it is not practical for our whole group to go offsite for dinner on Saturday. The RSC is proposing to purchase meat for cooking onsite and asking if the people coming from the Areas are willing to provide side items, drinks, and utensils. The location has cabins with cooking appliances and there are smokers and grills on the property. The goal is to get 100 participants and with the registrations this would accommodate the cost of the meat, so no extra money is coming out the RSC budget. The facility offers a bonfire service that we could use for the midnight meeting, the cost is \$25.

There was a question about the cost for the RSC weekend. The total was \$1750 with 5 cabins and the lodge facility, which represents a much lower cost than was paid at previous RSC. Additional persons cost \$60 per person.

The RDA informed the Notestaker that the next RSC workshop will be on Presentations. We will learn how to be effective presenters for the workshops.

18. Closing Prayer/Adjourn – The next RSC will be May 19 – 21, 2017.